

Report on the Upskilling Week Program

The School of Humanities at St. Joseph's University, Bangalore, took a proactive approach to empower undergraduate students for their future endeavors by organizing a six-day Upskilling Program. The daily one-hour sessions, held from November 6th to 13th, 2023, were meticulously curated to assist students in navigating the complexities of the job market and planning their career trajectories.

The Upskilling Program featured interactive, hands-on sessions conducted by industry experts from the University's esteemed Faculty. These sessions covered a spectrum of vital topics, including:

- 'Getting Ready for Careers in Social Science'
- 'Mastering the Art of Group Discussions'
- 'Decisive Choices: Applying Critical Thinking in Career Selection'
- 'Building an Effective CV'
- 'Importance of Psychological Aspects in the Process of Interviews'
- 'Mastering Logical Reasoning'

The program adopted a practical and engaging approach, allowing participants to actively participate and gain firsthand insights into various aspects crucial for career development. The topics were carefully selected to address the specific needs and challenges faced by undergraduate students as they transition from academia to the professional world.

The hands-on sessions were conducted by industry experts drawn from the University's Faculty in the School of Humanities. Their wealth of knowledge and experience enriched the program, providing students with valuable perspectives and practical skills.

The six-day Upskilling Program by the School of Humanities was a resounding success, offering students a platform to enhance their employability skills and make informed decisions about their future careers. The proactive approach of the School in organizing such impactful events reflects its commitment to the holistic development of its students.

The School of Humanities looks forward to organizing more such programs to empower students and equip them with the necessary tools for success in their professional journeys.

For the Images of the Report on the Upskilling Week Program, kindly refer to the Photo Gallery:
<https://sju.edu.in/gallery/62>